REPRESENTATIVES

FIRST DISTRICT

JAY INSLEE, Democrat, of Bainbridge Island, WA; born on February 9, 1951, in Seattle, WA; graduated, Ingraham High School, 1969; B.A., University of Washington, 1973; J.D., Willamette School of Law, 1976; attorney, 1976–92; Washington State House of Representatives, 1988–92, 14th Legislative District; served on Appropriations, Housing, Judiciary, and Financial Institutions and Insurance Committees; represented the 4th District in the U.S. House of Representatives, 1993–95; attorney, 1995–96; Regional Director, U.S. Department of Health and Human Services, 1997–98; married: Trudi; three children: Jack, Connor, and Joe; committees: Banking and Financial Services; Resources; elected to the U.S. House of Representatives, from the 1st District, for the 106th Congress.

Office Listings

Office Listings		
http://www.house.gov/inslee jay.inslee@mail.house.gov		
308 Cannon House Office Building, Washington, DC 20515 Toll free Administrative Assistant.—Joby Shimomura. Legislative Director.—Jake Johnston.	(202) 225–6311 (800) 422–5521	
Scheduler/.—Mike Greenle. Communications Director.—Sara O'Connell. 21905 64th Avenue West, Suite 101, Mountlake Terrace, WA 98043	(425) 640–0233 (360) 598–2342	

Counties: King (part), Kitsap (part), Snohomish (part). CITIES AND TOWNSHIPS: Bainbridge Island, Bellevue, Bothell, Bremerton, Edmonds, Everett, Hansville, Indianola, Keyport, Kingston, Kirkland, Lynnwood, Medina, Mountlake Terrace, Port Gamble, Poulsbo, Redmond, Seabeck, Seattle, Silverdale, Suquamish, Woodinville. Population (1990), 540,745.

ZIP Codes: 98004 (part), 98005 (part), 98007 (part), 98008 (part), 98011, 98012 (part), 98020, 98021 (part), 98026, 98028, 98033–34, 98036, 98037 (part), 98039, 98041, 98043, 98046, 98052 (part), 98061, 98072 (part), 98073, 98082–83, 98103 (part), 98110, 98117 (part), 98133 (part), 98155 (part), 98160, 98177, 98204 (part), 98208 (part), 98251 (part), 98272 (part), 98272 (part), 98279 (part), 98290 (part), 98296 (par

SECOND DISTRICT

JACK METCALF, Republican, of Langley, WA; born in Marysville, WA, November 30, 1927; B.A., Pacific Lutheran University, 1951; University of Washington, 1966; owner of the Log Castle Bed and Breakfast, Langley; teacher, Everett High School; U.S. Army, 1946–47; member: U.S. Fish and Wildlife Service patrol boat skipper with U.S. Marshal Authority, 1947–48; United We Stand America, Concord Coalition, South Whidby Washington Historical Society, South Whidby Washington Kiwanis, Wildcat Steelhead Club, Back Country Horsemen—Skagit County Chapter; Washington State House, 1960–64; Washington State Senate, 1966–74, 1980–92; Washington State Senate assistant Republican whip; chairman, Senate Environmental and Natural Resources Committee, 1988–92; married Norma Metcalf, 1948; four children: Marta, Gayle, Ann and Lea; elected to the 104th Congress; reelected to each succeeding Congress.

Office Listings

http:/www.house.gov/metcalf

1510 Longworth House Office Building, Washington, DC 20515-4702	(202) 225–2605
Administrative Assistant.—Erik Strom.	FAX: 225-4420
Legislative Director.—Jeff Markey.	
Legislative correspondents: John Andeson, Gregg Richard, Afton Swift.	
Deputy Press Secretary.—Lisa Philabaum.	
Office Manager/Scheduler.—Rebecca Nichols.	
Staff Assistant.—Greg Stanford.	
2930 Wetmore Avenue, Suite 901, Everett, WA 98201	(206) 252–3188
Chief of Staff.—Lewis Moore.	(800) 562–1385
Communications Director.—Chris Strow.	
District Director.—Roy Atwood.	
322 North Commercial Street, Suite 203, Bellingham, WA 98225	(360) 733–4500